**BREAKFAST BAKERY**

- Croissant | 3.25
- Pain au Chocolat Croissant | 3.50
- Assorted Muffins | 3.25
- Lemon Raspberry Scone | 3.50
- Cinnamon Sweet Roll | 3.75

**BREAKFAST SANDWICHES | 6.50**

- Breakfast Burrito
  - scrambled eggs | grilled potatoes
  - roasted red peppers | jack cheese
  - flour tortilla

- Egg & Cheese Sandwich
  - scrambled eggs | cheddar cheese
  - ciabatta roll

- Sausage Egg & Cheese Sandwich
  - scrambled eggs | country sausage
  - cheddar cheese | ciabatta roll

- Egg White Veggie Sandwich
  - egg whites | green pepper
  - roma tomato | provolone cheese
  - english muffin

**UP & AT 'EM | 7.00**

12oz Espresso Beverage comes with your choice of Bread/Spread

Choice of an English Muffin or a Bagel

Spreads: peanut butter, whipped salted butter & jam, cream cheese (plain light, plain, or strawberry)

**GRAB N' GO**

- Oatmeal | 5.50
- Greek Yogurt Parfait | 7.00
  - Blueberry or Strawberry

**COFFEE | 12oz | 16oz**

- Signature Brew | 3.25 | 3.50
- Iced Coffee | 3.75 | 4.00
- Shot in the Dark | 4.25 | 4.50
- Café Au Lait | 4.00 | 4.50

**ESPRESSO | 12oz | 16oz**

- Americano | 3.50 | 4.00
- Latte | 4.75 | 5.00
- Cappuccino | 4.75 | 5.00
- Caramel Macchiato | 4.50 | 4.75
- Mocha | 4.75 | 5.25
- White Mocha | 4.75 | 5.25

**ALTENRATIVES | 12oz | 16oz**

- Hot Tea | 3.75 | 4.25
- Chai Latte | 4.25 | 4.50
- Tea Latte | 5.00 | 5.50
- Hot Chocolate | 3.75 | 4.25

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prepared in a kitchen where nuts and gluten are present.

Please advise your server of any food allergies prior to ordering. We also proudly support local farmers and the purchasing of organic and sustainable products.
SNACK TRAY

Fruit & Cheese | 8  
apple | red grape | medjool date | cheddar swiss | brie | crackers

Hard Boiled Egg Protein Pack | 5  
cage free hard boiled eggs  
everything seasoning

Mediterranean | 7  
baba ghanoush | cucumber  
feta cheese | pita

Veggie | 6  
fresh veggies | red pepper hummus

SALADS

Chicken Caesar | 12  
romaine lettuce | grilled chicken  
parmesan cheese | croutons  
lemon wedge | caesar dressing

Quinoa Salad | 11  
quinoa | spinach | goat cheese  
arcadian greens | jicama | carrot  
radish | honey mustard vinaigrette

Cobb Salad | 12  
romaine | iceberg | grilled chicken  
bacon | blue cheese | egg | tomato  
blue cheese dressing

SANDWICHES

Alki Club | 12  
oven roasted turkey | bacon  
romaine | croissant

Italian Grinder | 11  
ham | genoa salami | fontina cheese  
sundried tomato | red onion | romaine  
balsamic dressing | demi baguette

Margarita Ciabatta | 11  
tomato | mozzarella | romaine | ciabatta roll

SW Chicken Chipotle | 13  
grilled chicken | roasted red peppers  
pepper jack cheese | romaine | salsa  
cream cheese | chipotle aioli | ciabatta roll

OTHER BEVERAGES

Red Bull 8oz | 4.25

Coke | 3.00

Diet Coke | 3.00

Sprite | 3.00

Perrier | 3.25

San Pellegrino | 3.25

Lemon or Orange

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